

# JUNIOR TENNIS SPRING PROGRAM

## Foundational Levels

*Please note there are no make ups*

### Little Shots | Ages 3-4 | \$376/8 Weeks

**Monday | 2:30 pm - 3:30 pm**

*Session 5: March 2nd - April 20th*

*Session 6: March 2nd - April 20th*

**Wednesday | 2:00 pm - 3:00 pm**

*Session 5: April 27th - June 15th*

*Session 6: April 29th - June 17th*

This is a program designed to introduce children to tennis in a healthy and enjoyable manner. We use a smaller court, special equipment, and colorful teaching aids to work on balance, hand/eye coordination and racquet skills.

[CLICK](#) to Register for Monday Session 5

[CLICK](#) to Register for Wednesday Session 5

[CLICK](#) to Register for Monday Session 6

[CLICK](#) to Register for Wednesday Session 6



# JUNIOR TENNIS SPRING PROGRAM

## Foundational Levels

Please note there are no make ups

**No classes on April 5th**

### Red Ball | Ages 4-8 | \$611/13 Weeks

Monday - Friday | 4:30 pm - 5:30 pm & 5:30 pm - 6:30 pm

Monday: March 23rd - June 15th

Tuesday: March 24th - June 16th

Wednesday: March 25th - June 17th

Thursday: March 26th - June 18th

Friday: March 27th - June 19th

Saturday | 12:00 pm - 1:00 pm & 1:00 pm - 2:00 pm

March 28th - June 20th

A fun introduction to tennis designed to build a strong foundation. Players will develop key fundamentals such as hand-eye coordination, basic footwork, and stroke mechanics, while also learning core skills like racquet and ball control, movement, balance, rallying with a partner, and early cooperative play.

[CLICK](#) to Register for Monday 4:30 - 5:30 pm | [CLICK](#) to Register for 5:30 - 6:30 pm

[CLICK](#) to Register for Tuesday 4:30 - 5:30 pm | [CLICK](#) to Register for 5:30 - 6:30 pm

[CLICK](#) to Register for Wednesday 4:30 - 5:30 pm | [CLICK](#) to Register for 5:30 - 6:30 pm

[CLICK](#) to Register for Thursday 4:30 - 5:30 pm | [CLICK](#) to Register for 5:30 - 6:30 pm

[CLICK](#) to Register for Friday 4:30 - 5:30 pm

[CLICK](#) to Register for Saturday 12 - 1 pm | [CLICK](#) to Register for 1 - 2 pm



# JUNIOR TENNIS SPRING PROGRAM

## Foundational Levels

Please note there are no make ups

**No classes on April 5th**

### **Orange Ball | Ages 7-10 | \$1,170/13 Weeks**

Monday - Thursday | 5:00 pm - 6:30 pm

Monday: March 23rd - June 15th

Tuesday: March 24th - June 16th

Wednesday: March 25th - June 17th

Thursday: March 26th - June 18th

Saturday Match Play | 12:00 pm - 1:30 pm | **\$650/13 Weeks**

March 28th - June 20th

**Package A:** 1 Weekly Clinic + Match Play | **\$1,638/13 Weeks**

**Package B:** 2 Weekly Clinics + Match Play | **\$2,691/13 Weeks**

This stage focuses on refining technique across all major strokes while introducing rally consistency, point-play basics, and improved footwork. Players develop skills such as consistent rallying with orange balls, serve mechanics, return positioning, and foundational tactics like controlling court space.

[CLICK](#) to Register for Monday

[CLICK](#) to Register for Tuesday

[CLICK](#) to Register for Wednesday

[CLICK](#) to Register for Thursday

[CLICK](#) to Register for Saturday Match Play

To sign up for a package, please contact [juniors@4seasonstennis.com](mailto:juniors@4seasonstennis.com)



# JUNIOR TENNIS SPRING PROGRAM

## Foundational Levels

*Please note there are no make ups*

**No classes on April 5th**

### **Green Ball | Ages 9-11 | \$1,170/13 Weeks**

*Monday - Friday | 5:00 pm - 6:30 pm*

*Monday: March 23rd - June 15th*

*Tuesday: March 24th - June 16th*

*Wednesday: March 25th - June 17th*

*Thursday: March 26th - June 18th*

*Friday: March 27th - June 19th*

*Saturday Match Play | 1:30 pm - 3:00 pm | **\$650/13 Weeks***

*March 28th - June 20th*

**Package A:** 1 Weekly Clinic + Match Play | **\$1,638/13 Weeks**

**Package B:** 2 Weekly Clinics + Match Play | **\$2,691/13 Weeks**

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Players transition to full-court play with faster balls. The focus is placed on point construction, consistency, along with physical conditioning. Core skills include generating topspin, reliable serving, baseline rallies, and improved net play.

[CLICK](#) to Register for Monday

[CLICK](#) to Register for Tuesday

[CLICK](#) to Register for Wednesday

[CLICK](#) to Register for Thursday

[CLICK](#) to Register for Friday

[CLICK](#) to Register for Saturday Match Play

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# JUNIOR TENNIS SPRING PROGRAM

## Advanced Levels

Please note there are no make ups

**No classes on April 5th**

### **Varsity | Ages 11+ | \$1,218/13 Weeks**

*Monday - Friday | 3:30 pm - 5:00 pm*

*Monday: March 23rd - June 15th*

*Tuesday: March 24th - June 16th*

*Wednesday: March 25th - June 17th*

*Thursday: March 26th - June 18th*

*Friday: March 27th - June 19th*

*Saturday Clinic | 3:00 pm - 4:30 pm*

*March 28th - June 20th*

*Sunday Match Play I | 1:30 pm - 3:00 pm | **\$650/13 Weeks***

*March 29th - June 21th*

**New! Fitness with Coach Shaun Harrington | \$445/13 Weeks - \$50/Drop In**

*Tuesday & Thursday | 5:00 pm - 6:00 pm*

**Package A:** 1 Weekly Clinic + Match Play | **\$1,638/13 Weeks**

**Package B:** 2 Weekly Clinics + Match Play | **\$2,691/13 Weeks**

**Package C:** 1 Weekly Clinic + Match Play + Fitness | **\$2,048/13 Weeks**

**Package D:** 2 Weekly Clinics + Match Play + Fitness | **\$3,100/13 Weeks**

This program prepares players for high school and advanced regional competition by emphasizing match strategies, advanced strokes, and mental toughness. Athletic performance is boosted through footwork, agility, and strength training. Core skills include controlled serves with spin, strategic point construction, consistent full-court rallies, and confident net play with volleys and overheads.

[CLICK](#) to Register for Monday

[CLICK](#) to Register for Tuesday | [CLICK](#) to Register for Tuesday Fitness

[CLICK](#) to Register for Wednesday

[CLICK](#) to Register for Thursday | [CLICK](#) to Register for Thursday Fitness

[CLICK](#) to Register for Friday

[CLICK](#) to Register for Saturday Clinic

[CLICK](#) to Register for Sunday Match Play I

To sign up for a package, please contact [juniors@4seasonstennis.com](mailto:juniors@4seasonstennis.com)



# JUNIOR TENNIS SPRING PROGRAM

## Advanced Levels

Please note there are no make ups

**No classes on April 5th**

### Academy | Ages 10+ | \$1,625/13 Weeks

Monday - Thursday | 6:30 pm - 8:30 pm

Monday: March 23rd - June 15th

Tuesday: March 24th - June 16th

Wednesday: March 25th - June 17th

Thursday: March 26th - June 18th

Friday | 5:00 pm - 6:30 pm

Friday: March 27th - June 19th

Saturday Clinic | 3:00 pm - 4:30 pm

March 28th - June 20th

Sunday Match Play | 12:00 pm - 1:30 pm | **\$650/13 Weeks**

March 29th - June 21th

### **New! Fitness with Coach Shaun Harrington | \$445/13 Weeks - \$50/Drop In**

Tuesday & Thursday | 5:30 pm - 6:30 pm

### **Package: 2 Weekly Clinics + 2 days of Fitness + Match Play | \$4,329/13 Weeks**

This elite program is for players regularly competing in tournaments or holding a UTR of 4.0+, with goals of success at the state, sectional, or national level. Training focuses on refining high-level strokes, advanced tactics, and mental resilience. Players develop advanced serve and return combinations, strategic match adaptability, and consistent, aggressive groundstrokes. Fitness and endurance are integrated to support long-term competitive performance.

[CLICK](#) to Register for Monday

[CLICK](#) to Register for Tuesday | [CLICK](#) to Register for Tuesday Fitness

[CLICK](#) to Register for Wednesday

[CLICK](#) to Register for Thursday | [CLICK](#) to Register for Thursday Fitness

[CLICK](#) to Register for Friday

[CLICK](#) to Register for Saturday Clinic

[CLICK](#) to Register for Sunday Match Play

To sign up for a package, please contact [juniors@4seasonstennis.com](mailto:juniors@4seasonstennis.com)



# WEEKLY JUNIOR SPRING PROGRAM CALENDAR

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
<p><b>Little Shots</b> 2:30 pm - 3:30 pm</p> <p><b>Red Ball</b> 4:30 pm - 5:30 pm 5:30 pm - 4:30 pm</p> <p><b>Varsity</b> 3:30 pm - 5 pm</p> <p><b>Orange Ball</b> 5 pm - 6:30 pm</p> <p><b>Green Ball</b> 5 pm - 6:30 pm</p> <p><b>Academy</b> 6:30 pm - 8:30 pm</p>	<p><b>Red Ball</b> 4:30 pm - 5:30 pm 5:30 pm - 6:30 pm</p> <p><b>Varsity</b> 3:30 pm - 5 pm</p> <p><b>Orange Ball</b> 5 pm - 6:30 pm</p> <p><b>Green Ball</b> 5 pm - 6:30 pm</p> <p><b>Varsity Fitness</b> 5 pm - 6 pm</p> <p><b>Academy Fitness</b> 5:30 pm - 6:30 pm</p> <p><b>Academy</b> 6:30 pm - 8:30 pm</p>	<p><b>Little Shots</b> 2 pm - 3 pm</p> <p><b>Red Ball</b> 4:30 pm - 5:30 pm 5:30 pm - 6:30 pm</p> <p><b>Varsity</b> 3:30 pm - 5 pm</p> <p><b>Orange Ball</b> 5 pm - 6:30 pm</p> <p><b>Academy</b> 6:30 pm - 8:30 pm</p> <p><b>Green Ball</b> 5 pm - 6:30 pm</p>	<p><b>Red Ball</b> 4:30 pm - 5:30 pm 5:30 pm - 6:30 pm</p> <p><b>Varsity</b> 3:30 pm - 5 pm</p> <p><b>Orange Ball</b> 5 pm - 6:30 pm</p> <p><b>Green Ball</b> 5 pm - 6:30 pm</p> <p><b>Varsity Fitness</b> 5 pm - 6 pm</p> <p><b>Academy Fitness</b> 5:30 pm - 6:30 pm</p> <p><b>Academy</b> 6:30 pm - 8:30 pm</p>
FRIDAY	SATURDAY	SUNDAY	
<p><b>Red Ball</b> 4:30 pm - 5:30 pm</p> <p><b>Varsity</b> 3:30 pm - 5 pm</p> <p><b>Orange Ball</b> 5 pm - 6:30 pm</p> <p><b>Green Ball</b> 5 pm - 6:30 pm</p> <p><b>Academy</b> 5 pm - 6:30 pm</p>	<p><b>Red Ball</b> 12 pm - 1 pm</p> <p><b>Orange Ball Matchplay</b> 12 pm - 1:30 pm</p> <p><b>Green Ball Match Play</b> 1:30 pm - 3 pm</p> <p><b>Varsity Clinic</b> 3 pm - 4:30 pm</p> <p><b>Academy Clinic</b> 3 pm - 4:30 pm</p>	<p><b>Academy Match Play</b> 12 pm - 1:30 pm</p> <p><b>Varsity Match Play I</b> 1:30 pm - 3 pm</p> <p><b>Varsity Match Play II</b> 3 pm - 4:30 pm</p>	

