

ADULT PROGRAMMING - GROUP INSTRUCTION

Workshops

Weekly Registration

Our weekly workshops feature stroke production, intensive drilling, and game situations specifically designed to fit the level of the players attending

MIXED WEDNESDAY WORKSHOP | \$84/Player | 3.5 and Up

Wednesday, 6:30 am - 8:00 am

MEN'S SATURDAY WORKSHOP | 3.5 PLAYERS AND UP | \$112/Player

Saturday, 9:00 am - 11:00 am

SUNDAY MIXED WORKSHOP | 3.0 & 3.5 PLAYERS | \$112/Player

Sunday, 8:30 am - 10:30 am

Sign up via CourtReserve.

[CLICK](#) to Register for Wednesday Mixed Workshop

[CLICK](#) to Register for Saturday Men's Workshop

[CLICK](#) to Register for 3.0 Sunday Mixed Workshop

[CLICK](#) to Register for 3.5 Sunday Mixed Workshop

Strokes & Strategies | \$70/Player

Tuesday, 5:30 pm - 7:00 pm

Friday, 10:30 am - 12:00 pm

Weekly Registration

Each class is divided into two 45-minute sections. The first will focus on a particular stroke and the second, a specific strategy. This is a great program to become a stronger, smarter player.

Sign up via CourtReserve.

[CLICK](#) to Register for Tuesday

[CLICK](#) to Register for Friday



ADULT PROGRAMMING - GROUP INSTRUCTION

Senior Slam Clinic | \$54/Player - FREE for Summer Members

Tuesday & Thursday, 9:00 am - 10:00 am

Weekly Registration

An one-hour clinic for our members who are 65 and over. One of our pros will lead you through drills and supervised play. Players are grouped according to level.

Sign up via CourtReserve.

[CLICK](#) to Register for Tuesday

[CLICK](#) to Register for Thursday

Play with the Pro 2.0 - 2.5 | \$480/6 Weeks - \$84/Player Drop In

Sunday, 10:30 am - 12:00 pm

Session 1: May 17th - June 21st

Session 2: June 28th - July 26th

Session 3: August 2nd - September 6th

For players who've completed Tennis 101 and are ready to level up. Test your skills in coached doubles play with other Intro grads while practicing serve/return, movement, and taking the net. The pro will guide doubles strategy throughout. Max 4 players per court.

Sign up via CourtReserve.

[CLICK](#) to Register for Sunday Session 1

[CLICK](#) to Register for Sunday Session 2

[CLICK](#) to Register for Sunday Session 3

Serve, Return & Point Development | \$84/Player

Thursday, 9:00 am - 10:00 am

Weekly Registration

Master the two most important shots in tennis — the serve and return. Learn how to start points with confidence, apply pressure early, and gain the advantage from the very first ball. 4 players max. per court.

Sign up via CourtReserve.

[CLICK](#) to Register for Thursday

